

Instructions to the Riders

1. The riders should stay in the group they are assigned. The lead cyclist(s) would ensure all riders move together in the group. All distinctive signs (jersey, armband, etc) or title (road captain) are not allowed. All riders are required to conduct themselves in a civil manner and abide by all applicable vehicle codes, laws, and regulations. All riders are required to respect local customs with regards to decorum. Remember, this is not a race and the idea is to finish the distance together.
2. Rider must obey all traffic laws including stopping at stop signs and stop lights.
3. Every rider must display his/her bib number prominently, both on himself/ Herself and his cycle.
4. For night riding, vehicles must be equipped with front and rear lights attached firmly to the vehicle. Lights must be fully functional at all times (Spare lights are strongly recommended; spare bulbs are required). At least one of the rear lights must be in a steady (rather than flashing) mode. Riders not complying with all these requirements will not be permitted to start.
5. Helmets to be worn all time while riding during the race.
6. Reflective Jackets to be worn by riders during evening and early morning hours.
7. A Rider must carry a toolkit as required by bike category (Optional) and a mini pump (Optional).